

BEAUTY EMERGENCY

Sallow and fatigued skin

INSTANT BEAUTY FIXES

FALLEN VICTIM TO A BREAKOUT, FLAKY SKIN OR PANDA EYES JUST DAYS BEFORE A BIG BASH? GET THE SCOOP ON THE BEST EMERGENCY SKIN AND BODY FIXES THAT WILL HAVE YOU PARTY-PERFECT IN A JIFFY. BY ADLENA WONG



"Dull-looking skin is hard to miss," says Dr Dass. "When you look in the mirror, your complexion just doesn't radiate, no thanks to brown spots and broken blood vessels." Tired skin looks rough and dry while dehydrated skin lacks a dewy glow.

AT THE CLINIC Try LinC Medi Therapeutics at LinC Aesthetics Clinic, \$380 per treatment. LMT uses low-voltage pulses to pry open cells and tissues. Then, skin-plumping ingredients like hyaluronic acid, vitamins C and E are "flooded in within nano-seconds," says Dr Patrina Wong, LinC's medical aesthetic director. The result? Plumper skin with significantly diminished laugh lines.

AT HOME Apply a mask weekly to infuse skin with moisture and incorporate a good whitening serum in your daily regimen to regulate melanin production and brighten skin tone. You should see visible results in less than two weeks.

DO Go for products that contain alpha or beta-hydroxy acids or tretinoin. Get a power peel or microdermabrasion once a month and always wear sunscreen.