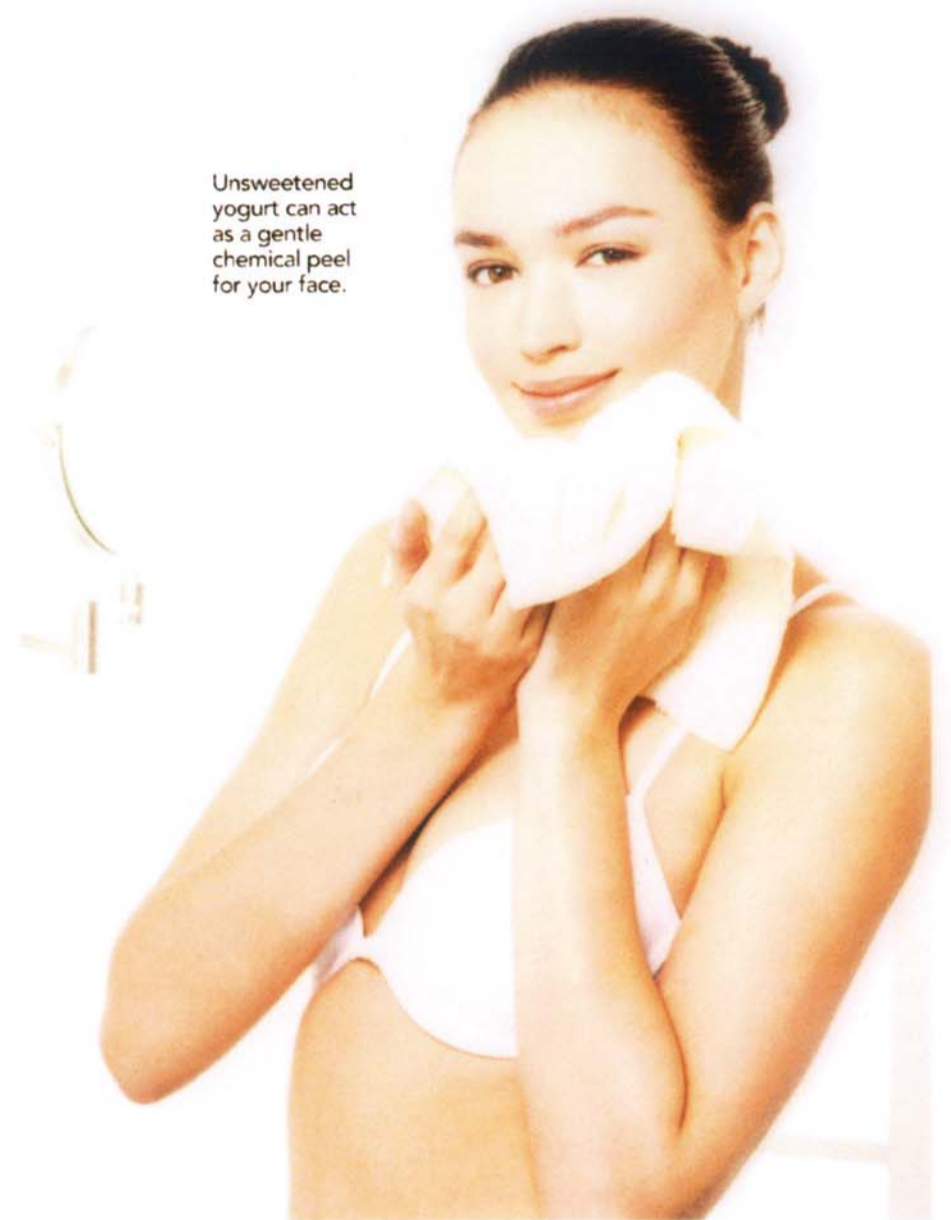


# BEAUTY IN ACTION



Unsweetened yogurt can act as a gentle chemical peel for your face.

## \* TIGHTEN PORES

Mix together whisked egg white from one egg (it should be frothy), two teaspoons of orange juice, one teaspoon of lemon juice and a few drops of sweet almond oil. Apply the mixture on your face, avoiding the eye area, for 10 to 20 minutes or until dry before rinsing it off with water. “It’s a natural skin peel that removes dry skin,” says Dr Patrina Wong, medical aesthetic director at LinC Aesthetic Clinic. The alpha-hydroxy citric acids in the lemon and orange juices exfoliate dead skin cells, the almond oil moisturises, while the egg white gives a firming effect,” she says.